

Appendix 1: Breast Cancer Prevention Knowledge Questionnaire

<p>The next 16 questions ask you about breast cancer risk factors and screening.</p> <p>Please indicate for each item whether it is True, False, or if you Don't know.</p>		
1. Regular moderate exercise does not reduce your risk of breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
2. Maintaining a healthy weight is important for minimising breast cancer risk	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
3. You should promptly report any new or unusual changes in your breasts to your GP	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
4. Screening mammograms are recommended every two years for women aged 50-74 years	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
5. Using hormone replacement therapy (HRT) may decrease your risk of breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
6. About 1% (10 in 1000) of Australian women will develop breast cancer in their lifetime	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
7. Consuming alcohol can decrease your risk of breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
8. The more children you have, and the earlier you have them, the lower your risk of breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
9. Breast feeding can increase your risk of breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
10. Mammograms reduce your risk of developing breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
11. Medications such as Tamoxifen may reduce your risk of breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	
12. Medications such as Tamoxifen are recommended to be taken for 1 year	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know	

13. Taking medications such as Tamoxifen is not recommended for women with a history of blood clots or those who smoke	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know
14. Your breast cancer risk can be slightly increased while you are using a hormonal contraceptive, such as the contraceptive pill	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know
15. Risk-reducing mastectomy means removing as much breast tissue as possible before a cancer develops	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know
16. A woman who has her breasts removed will definitely not develop breast cancer	<input type="checkbox"/> True <input type="checkbox"/> False <input type="checkbox"/> Don't know