

Multimedia appendix 3: Finalised matrix of change objectives

	Personal				External
Performance Objectives	Attitude	Perceived Norms	Self-efficacy	Behavioural Capability	Resources
1. Decide to use condoms					
	Express belief that condom use doesn't have to reduce own sexual pleasure				
	Express belief that condom use won't reduce partner's sexual pleasure				
	Express belief that sex can be enjoyable with condoms				
	Express belief that condom use won't reduce spontaneity				
	Express belief that condoms are effective and reliable (won't break, slip etc) in preventing STIs				
		Recognise that others in their peer			

		group use condoms			
2. Obtain condoms					
2.1 Identify where and how to access condoms				Identify where and how can access	Identify or develop a service to enable easy access to condoms
				Plan where and how to access	
2.2 Select preferred type of condom				Identify preferred type of condom	Identify or develop service that provides a choice of condoms
2.3 Buy/request condoms			Express belief that able to buy/request		
2.4 Maintain supply of condoms				Monitor condom supply and obtain more before running out	
3. Make condoms available at all times					Identify a place to store supply of condoms
					Identify place to carry condom (that will ensure always available)
				Replace used condom asap after use	
4. Make partner aware of intention to use condoms				Describe the best time(s) to make partner aware of intention	

4.1 Identify when to make intention known				Identify cues that indicate latest point at which could communicate intention	
4.2 Have plan for what will say/do to make intention known			Express belief that can communicate intention	Describe what will say and/or do to communicate intention	
4.3 Have plan for how to deal with/pose solutions to partner's disagreement/refusal to use condoms			Express belief that can persist with communication in the face of resistance (and be prepared to not have sex)	Describe what will say/or do if partner disagrees/refuses	
5. Correctly use condoms					
			Express belief that can correctly apply and remove	Demonstrate that can correctly apply and remove	