

Multimedia appendix 1 – Results of the linear regression analyses (regression coefficients (B) with 95% confidence intervals (95%CI)) for differences in physical activity at post-intervention follow-up between Active2Gether-Full and Active2Gether-Light assessed with the ActiGraph

	Average minutes of moderate-vigorous physical activity per day			
	Model 0 B (95% CI)	Model 1: BMI B (95% CI)	Model 2: Student B (95% CI)	Model 3a: BMI-Student B (95% CI)
Active2Gether-Light	Reference	Reference	Reference	Reference
Active2Gether-Full	-1.90 [-10.84,7.05]	-2.34 [-11.51,6.83]	-2.41 [-11.66,6.84]	-2.76 [-12.20,6.69]
	Average number of steps per day			
Active2Gether-Light	Reference	Reference	Reference	Reference
Active2Gether-Full	-591.72 [-1875.72,692.29]	-549.39 [-1867.27,768.49]	-685.61 [-2011.45,640.23]	-641.71 [-1996.37,712.96]

Note. Linear regression analyses are presented with regression coefficient (B) [95% confidence interval (95%CI)], and all analyses were adjusted for levels of physical activity at baseline and time between baseline and post-intervention follow-up

Model 0: $y = B_0 + B_1 * \text{Physical activity at post-intervention} + B_2 * \text{Physical activity at baseline} + B_3 * \text{Time until post-intervention follow-up (days)}$

Model 1: $\text{Model 0} + B_4 * \text{BMI (kg/m}^2\text{)}$

Model 2: $\text{Model 0} + B_4 * \text{Student (yes/no)}$

Model 3: $\text{Model 0} + B_4 * \text{BMI (kg/m}^2\text{)} + B_5 * \text{Student (yes/no)}$